

Fall 2022

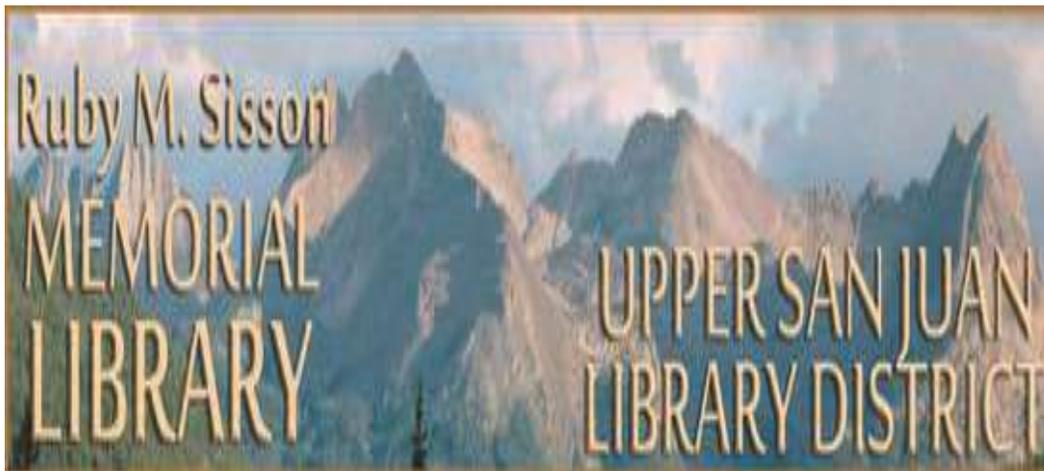
***Lifelong Learning Lecture
Series***

FREE- no registration required.

Thursdays

October 13—November 17, 2022

6:00-7:30 pm



Corner of 8th St. and Hwy 160

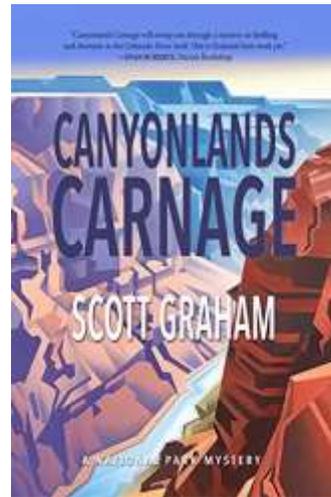
811 San Juan Street

Pagosa Springs, CO

(970) 264-2209

Thursday October 13

Author Scott Graham



Durango resident **Scott Graham**, winner of the National Outdoor Book Award, will share the story of his transition a decade ago from writing non-fiction books to writing murder mysteries. Scott's National Park Mystery Series has grown increasingly successful with each release by environmental publisher Torrey House Press, leading to his 2022 Colorado Book Award nomination for last year's *Canyonlands Carnage*, the seventh book in the series: *Arches Enemy*; *Mountain Rampage*; *Yellowstone Standoff*; *Yosemite Fall*; *Canyonlands Carnage*; *Mesa Verde Victim* *Canyon Sacrifice* and ***Saguaro Sanction (2023)***.

In addition to the National Park Mystery Series, Scott is the author of five nonfiction books, including *Extreme Kids*, winner of the National Outdoor Book Award.

Scott is an avid outdoorsman who enjoys backpacking, river rafting, skiing, and mountaineering. He lives with his wife, an emergency physician, in Durango, Colorado. He has worked as a newspaper reporter, magazine editor, radio disk jockey, city councilor, and coal-shoveling fireman on the steam-powered Durango-Silverton Narrow Gauge Railroad.

Lectures are held at the Ruby Sisson Library in the large meeting room.

<https://scottfranklingraham.com/>

Thursday October 20

Jean Strahlendorf

Magic Mushrooms and the Promise of Psychedelic Therapy for Mental Health

In this presentation, we will explore the feasibility, in light of historical and current medical findings, of psychedelic therapy in the treatment of various mental conditions and diseases. On November 6, 2022, Coloradans will decide whether to legalize the use of psychedelics in clinical settings for the treatment of depression, anxiety, substance abuse and end-of-life distress as proposed in the Natural Medicine Health Act 2022 (NMHA) aka Initiative 58. This act “would create a state-regulated access model to make it legal for people to receive natural medicine services at licensed ‘healing centers’ and approved health care locations, like palliative care. It would also remove criminal penalties for the use of these natural medicines.” Since the FDA has allowed medical research on some of these agents, in particular psilocybin, an examination of the pharmacology, the importance of extra-pharmacological variables (i.e. setting and set), and where they operate (i.e. frontier between spirituality and science) will be presented. We will address some of the pros and cons of this proposed Act.

Jean Strahlendorf, Ph.D. is a retired Professor Emeritus of Biophysics and Physiology at Texas Tech University School of Medicine. Her research field was Cellular Neuroscience and included chemical synaptic transmission mechanisms, electrophysiology, and programmed cell She has a long- standing interest in the cellular effects of psychotropic agents.



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Thursday October 27

Paula Woerner of Wolfwood Refuge

The World of Wolves

Living with wolves is incredibly challenging and rewarding. You will learn all about wolves and the work that goes into rescuing them. Discussion will include their communication, life in the wild, similarities and differences between dogs and their interactions with humans. Stories will be told about the lives and rescue work with these special animals.

Paula has been rescuing animals for almost thirty years. She has a background in education. Paula moved to Pagosa Springs in 1996, where she founded Wolfwood, a state and federally licensed refuge for wolves and wolf dogs. Paula moved to La Plata county in 2002 where Wolfwood Refuge is now located.



Lectures are held at the Ruby Sisson Library in the large meeting room.

<http://www.wolfwoodrefuge.org/>

Thursday November 3

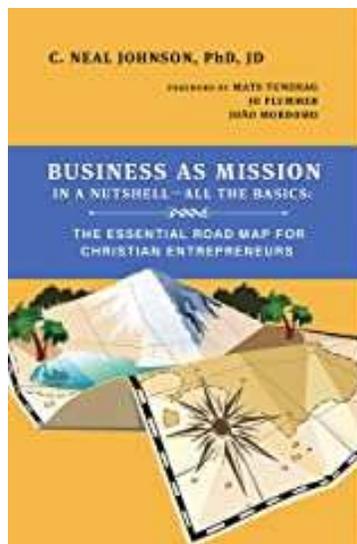
C. Neal Johnson

How to write and self-publish your own book.

You CAN do it!

Dr. Johnson will discuss his new Self-Published Book on Business as Mission (BAM) and Entrepreneurship which tells you “How To” Start your own business from scratch, Buy an existing business, or joint a Franchise! How to use that business to have real Kingdom Impact, especially in the poorest countries in the world. He’ll explain in detail how he wrote, edited, and self-published this book, both in paperback and E-book on Amazon.

C. Neal Johnson, PhD. (Fuller Theological Seminary; Juris Doctor; BA, University of Colorado), has travelled, spoken, and taught globally on Business as Mission (BAM) for the past 25 years. His original influential and inspiring book on BAM has received wide praise from business-people, academics, and BAM practitioners alike. Neal brings to his writings his extensive forty-year career, both domestically and internationally, as a practicing attorney, diplomat, professor, missionary, banker, and entrepreneur.



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Thursday, November 10

with April Holthaus and Dan Senjem



Archuleta County Genealogical Society

Searching for family history can become a passion. The Archuleta County Genealogical Society is a dynamic genealogy group located in Pagosa Springs, CO. Our monthly meetings provide information and interesting speakers that can help guide you to the information you are searching for.

Brush away the cobwebs in your family tree. Begin where you are and proceed to be surprised by steps that will open doors you never imagined you could knock on!



April Adamson Holthaus, M.A., Author, "*Bayou Roots, A Louisiana Family.*" April has 30+ years of genealogy research on line and in person.

Dan Senjem has travelled extensively for the past twenty-five years researching his family history in Norway and France.

<http://acgsgenealogy.org/>



CAIC
Colorado Avalanche
Information Center

Thursday November 17

Matt Hoover from the Colorado Avalanche Center

Know Before You Go (KBYG) is a free avalanche awareness program. Not much science, no warnings to stay out of the mountains, no formulas to memorize. In about an hour, you will see the destructive power of avalanches, understand when and why they happen, and how you can have fun in the mountains and avoid avalanches.

Matt began working as a ski patroller at Snowmass in 1996 and quickly moved into a dedicated snow safety position. In 2015, he and his family moved on to Idaho. He returned to Colorado and the CAIC in 2018 and currently focuses on highway avalanche safety on the southeast side of the San Juan Mountains. He spent most of the summer seasons since 1993 working for the US Forest Service in the wildfire program and cursing the heat while waiting for the snow to fall.



Lectures are held at the Ruby Sisson Library in the large meeting room.

<https://www.avalanche.state.co.us/>

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*Attend as many lectures as you'd like to
continue your lifelong learning journey.*

See you soon at Ruby Sisson Library!

Thank you for supporting your library!

www.pagosalibrary.org